

PARENTS PLUS Early Years Programme

A practical and positive parenting course promoting confidence, learning and good behaviour in young children aged 1 to 6 years.

An 8 week course taking place every Tuesday from April 17th to June 5th 2018.

It will take place in Blessington Primary Care Centre from 9.30am to 12pm.

Cost: €12. Parent booklet and tea / coffee provided.

The course will be facilitated by Yvonne Kehoe, Public Health Nurse and Deirdre Grace, Family Support Coordinator.

For more information or to reserve your place, please contact Mary Sinnott Tel: 045 882443.



Parents Plus is an Irish charity that develops practical, evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.